

## MYP Physical & Health Education Interim Objectives

Year 1 In order to reach the aims of physical and health education, students should be able to:	Year 3 In order to reach the aims of physical and health education, students should be able to:	Year 5 In order to reach the aims of physical and health education, students should be able to:
<b>Criterion Objectives A: Knowing and understanding</b>		
<ul style="list-style-type: none"> <li>i. outline physical health education factual, procedural and conceptual knowledge</li> <li>ii. identify physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations</li> <li>iii. apply physical and health terminology to communicate understanding.</li> </ul>	<ul style="list-style-type: none"> <li>i. describe physical health education factual, procedural and conceptual knowledge</li> <li>ii. apply physical and health education knowledge to explain issues and solve problems set in familiar and unfamiliar situations</li> <li>iii. apply physical and health terminology effectively to communicate understanding.</li> </ul>	<ul style="list-style-type: none"> <li>i. explain physical health education factual, procedural and conceptual knowledge</li> <li>ii. apply physical and health education knowledge to analyse issues and solve problems set in familiar and unfamiliar situations</li> <li>iii. apply physical and health terminology effectively to communicate understanding.</li> </ul>
<b>Criterion Objectives B: Planning for performance</b>		
<ul style="list-style-type: none"> <li>i. construct and outline a plan for improving health or physical activity</li> <li>ii. describe the effectiveness of a plan based on the outcome.</li> </ul>	<ul style="list-style-type: none"> <li>i. design and explain a plan for improving physical performance and health</li> <li>ii. explain the effectiveness of a plan based on the outcome.</li> </ul>	<ul style="list-style-type: none"> <li>i. design, explain and justify plans to improve physical performance and health</li> <li>ii. analyse and evaluate the effectiveness of a plan based on the outcome.</li> </ul>
<b>Criterion Objectives C: Applying and performing</b>		
<ul style="list-style-type: none"> <li>i. recall and apply a range of skills and techniques effectively</li> <li>ii. recall and apply a range of strategies and movement concepts</li> <li>iii. recall and apply information to perform effectively.</li> </ul>	<ul style="list-style-type: none"> <li>i. demonstrate and apply a range of skills and techniques</li> <li>ii. demonstrate and apply a range of strategies and movement concepts</li> <li>iii. outline and apply information to perform effectively.</li> </ul>	<ul style="list-style-type: none"> <li>i. demonstrate and apply a range of skills and techniques effectively</li> <li>ii. demonstrate and apply a range of strategies and movement concepts</li> <li>iii. analyse and apply information to perform effectively.</li> </ul>
<b>Criterion Objectives D: Reflecting and improving performance</b>		
<ul style="list-style-type: none"> <li>i. identify and demonstrate strategies to enhance interpersonal skills</li> <li>ii. identify goals and apply strategies to enhance performance</li> <li>iii. describe and summarize performance.</li> </ul>	<ul style="list-style-type: none"> <li>i. describe and demonstrate strategies to enhance interpersonal skills</li> <li>ii. outline goals and apply strategies to enhance performance</li> <li>iii. explain and evaluate performance.</li> </ul>	<ul style="list-style-type: none"> <li>i. explain and demonstrate strategies to enhance interpersonal skills</li> <li>ii. develop goals and apply strategies to enhance performance</li> <li>iii. analyse and evaluate performance.</li> </ul>